

BIOGRAPHY

Lynn Booth FSMA

SMA 2017 Fellowship Award



Lynn graduated with a Diploma in Physiotherapy and became a chartered physiotherapist in 1979. She was awarded a diploma in Sports Physiotherapy from Crewe & Alsager College in 1989, and an MSc in Sports Injury and Therapy from Manchester Metropolitan University in 1994, with a dissertation on anterior tibial displacement in anterior cruciate ligament deficient knees during exercise. She was presented with an honorary fellowship from the University of Central Lancashire in 2010. In 1994, after 15 years in the NHS, she became a free-lance physiotherapist working mainly within sport: including clinical work, lecturing, a little writing and working within aspects of sports medicine administration. She admits she has always enjoyed sport – but is definitely enthusiastic rather than skillful!

To gain experience of working with a team through both training and competition phases she worked with YW Netball Club in Bury and then with Cheshire Women's Hockey Association. The connections made with hockey allowed her to progress through the England ranks from the England Schoolgirls team to the Great Britain Women's Hockey Squad, including the 1988 (Seoul) and 1992 (Barcelona) Olympic Games. Lynn still works as a contractor for the England Hockey Board. Lynn represented the GB Hockey Board on the British Olympic Association's (BOA) Physiotherapy Committee and in 1992 was elected as Chair of the same committee (1992-2004). This position evolved into the BOA's Physiotherapy Consultant and as such Lynn was Chief Physiotherapist for Team GB at the summer Olympics in 1996 (Atlanta), 2000 (Sydney) and 2004 (Athens). Lynn has worked with a variety of sports including, boxing, cricket, professional football, golf, gymnastics swimming and tennis. At the present, she works mainly with hockey at age-group and senior international level.

Lynn's involvement with the BOA, as an advisor to World Class Programmes for Sport England and as Physiotherapy Coordinator for the Manchester 2002 Commonwealth Games, probably helped her successful application to the post of Clinical Lead of the Physical Therapies Workstream for the London Organising Committee of the Olympic Games and Paralympic Games (LOCOG). Lecturing for various universities on sports medicine courses, in particular in Saudi Arabia for Manchester Metropolitan University, resulted in being one of two contributors to the Sport Injuries Workshops for physiotherapists working at the 2006 Asian Games in Doha. Lynn's main clinical interests are injury prevention and management and functional rehabilitation.